

## 2019 FORT Night 5k results 04/05/2019 9:39:41 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Age	Gender
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DIVISION: 5K

1	154	Gaffney, Travis	00:18:40.1	3:44		5K	13	M
2	323	Lambert, Bryan	00:20:03.1	4:01		5K	48	M
3	198	Lang, Freddy	00:20:37.9	4:07		5K	13	M
4	202	Lavigne, Vincent	00:20:38.1	4:08		5K	13	M
6	167	Haller, frankie	00:21:38.8	4:20		5K	15	M
7	201	Lavigne, AJ	00:21:42.7	4:20		5K	38	M
8	113	Bielby, Mike	00:22:50.7	4:34		5K	46	M
9	314	Taylor, Jonathan	00:23:10.7	4:38		5K	11	M
10	136	de Roo, Harry	00:23:22.0	4:40		5K	60	M
11	342	Hare, Jason	00:23:33.9	4:43		5K	43	M
12	349	Lynch, Tom	00:23:35.6	4:43		5K	33	M
13	149	Edwards, Cindy	00:23:42.0	4:44		5K	49	F
14	315	Sinclair, Stan	00:23:51.8	4:46		5K	53	M
15	159	Goldsmith, Riley	00:24:11.4	4:50		5K	13	M
16	168	Haller, Maggie	00:24:21.2	4:52		5K	13	F
17	293	Toshack, Jennifer	00:24:43.7	4:57		5K	48	F
18	318	McAuley, Kyle	00:25:01.3	5:00		5K	24	M
19	328	Campeau, Finn	00:25:24.9	5:05		5K	12	M
20	165	Hale, Alexander	00:25:30.4	5:06		5K	22	M
21	350	Todd, Katie	00:26:02.1	5:12		5K	86	F
22	179	Houston, Christine	00:26:26.7	5:17		5K	45	F
23	316	Sinclair, David	00:26:35.1	5:19		5K	11	M
24	144	Doonan, Hanna	00:26:43.1	5:21		5K	19	F
25	317	Serson, Mike	00:27:00.4	5:24		5K	35	M
26	348	Purvis, John	00:27:00.5	5:24		5K	38	M
27	279	Snowdon, Presley	00:27:15.6	5:27		5K	12	F
28	340	Higginson, Julia	00:27:30.3	5:30		5K	14	F
29	343	Bradley, Brianna	00:27:30.9	5:30		5K	34	F
30	141	Dikdan, Sam	00:27:50.9	5:34		5K	12	M
31	229	McKnight, Johnny	00:27:53.0	5:35		5K	39	M
32	261	Ruparelia, Meera	00:27:58.5	5:36		5K	40	F
33	137	DeJong, Levi	00:28:00.7	5:36		5K	46	M
34	1044	morrow, david	00:28:08.8	5:38		5k	63	M
35	170	Hare, Kellie	00:28:18.0	5:40		5K	42	F
36	292	Therault, Michelle	00:28:19.2	5:40		5K	40	F
37	189	Johnston, George	00:28:22.5	5:40		5K	57	M
38	210	Mackay, Ali	00:28:23.5	5:41		5K	18	F
39	203	Lavolette, Cheryl	00:28:28.8	5:42		5K	46	F
40	235	Morrow, Michelle	00:28:35.4	5:43		5K	35	F
41	143	Doonan, Shana	00:28:52.6	5:46		5K	40	F
42	184	Iles, Rhiannon	00:28:52.7	5:46		5K	45	F
43	241	Ostiguie, Nathalie	00:29:00.8	5:48		5K	39	F
44	307	Wynands, Ethan	00:29:22.0	5:52		5K	14	M
45	140	Dikdan, Emily	00:29:22.1	5:52		5K	15	F
46	327	Steyn, Jacobus	00:29:23.3	5:53		5K	56	M
47	213	MacKay, Andrew	00:29:25.0	5:53		5K	36	M

## 2019 FORT Night 5k results 04/05/2019 9:39:43 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Age	Gender
48	326	Steele, George	00:29:54.3	5:59		5K	7	M
49	101	Allen, Nathan	00:29:55.7	5:59		5K	5	M
50	185	Iwanonkiw, Kerri-Ann	00:29:55.7	5:59		5K	39	F
51	325	McSween, Corey	00:30:03.6	6:01		5K	41	M
52	295	Veltkamp, Lindsey	00:30:06.8	6:01		5K	35	F
53	287	Taylor, Jennifer	00:30:14.4	6:03		5K	39	F
54	156	Gartley, Janet	00:30:16.0	6:03		5K	50	F
55	186	Jackson, Marci	00:30:22.1	6:04		5K	38	F
56	214	MacKay, Meg	00:30:26.8	6:05		5K	37	F
57	108	Belanger, Lexi	00:30:32.5	6:06		5K	8	F
58	188	Johnson, Corinne	00:30:46.5	6:09		5K	50	F
59	250	Pilon, Lorraine	00:30:56.6	6:11		5K	56	F
60	264	Sanderson, Kyle	00:30:59.7	6:12		5K	35	M
61	112	Bhatt, Nikhil	00:31:02.0	6:12		5K	41	M
62	178	Hogan, Lexie	00:31:11.6	6:14		5K	11	F
63	187	Jodoin, Andrew	00:31:16.3	6:15		5K	33	M
64	273	Sivers, Robert	00:31:42.1	6:20		5K	8	M
65	163	Haas, Andrea	00:31:55.6	6:23		5K	41	F
66	303	Weldon, Kelly	00:32:04.7	6:25		5K	40	F
67	100	Abrams, Peggy	00:32:05.3	6:25		5K	48	F
68	242	Ostiguy, Nathalie	00:32:08.4	6:26		5K	39	F
69	204	Lawrence, Michelle	00:32:18.3	6:28		5K	29	F
70	243	Pak, Dan	00:32:30.1	6:30		5K	50	M
71	302	Weeks, Carol	00:32:31.3	6:30		5K	56	F
72	138	Delorme, Dan	00:32:31.3	6:30		5K	49	M
73	110	Belles, Brooke	00:32:58.5	6:36		5K	34	F
74	109	Belles, Michael	00:32:58.8	6:36		5K	37	M
75	146	Doth, Jakob	00:33:13.7	6:39		5K	12	M
76	244	Palmer, Abbey	00:33:14.6	6:39		5K	23	F
77	245	Palmer-Smith, Lorraine	00:33:14.8	6:39		5K	61	F
78	220	McDonald, Jennifer	00:33:24.5	6:41		5K	43	F
79	117	Boyer, Dana	00:33:25.1	6:41		5K	43	F
80	209	Macgregor, Ruthie	00:33:28.1	6:42		5K	18	F
81	265	Santetre, Blanca	00:33:36.1	6:43		5K	45	F
82	313	Tarso, Jessica	00:33:38.2	6:44		5K	26	F
83	208	MacGregor, Penny	00:33:38.8	6:44		5K	53	F
84	197	Kitt, Kathy	00:33:39.4	6:44		5K	53	F
85	103	Ashton, Sarah	00:33:41.7	6:44		5K	8	F
86	322	Perera, Mevan	00:33:44.0	6:45		5K	62	M
87	164	Habbab, Arij	00:33:45.1	6:45		5K	40	F
88	130	Cluney, LAURA	00:33:48.6	6:46		5K	51	F
89	171	Harrison, Diana	00:33:48.7	6:46		5K	59	F
90	272	Sikkema, Nicola	00:33:52.3	6:46		5K	46	F
91	152	Farrar, Tammy	00:33:52.6	6:46		5K	44	F
92	260	Ruigrok, Abby	00:33:55.7	6:47		5K	34	F
93	111	Bettino, Tony	00:33:56.5	6:47		5K	60	M
94	281	St Jean, Sebastien	00:33:57.6	6:47		5K	14	M
95	266	Satchell, Bret	00:33:59.3	6:48		5K	26	F
96	267	Satchell, Connor	00:34:01.8	6:48		5K	27	M
97	135	Crate, Chantal	00:34:05.9	6:49		5K	35	F
98	205	Lenko, Stef	00:34:07.8	6:49		5K	34	F

## 2019 FORT Night 5k results 04/05/2019 9:39:45 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Age	Gender
99	320	Wright, Robert	00:34:11.5	6:50		5K	49	M
100	195	Kemp, Shona	00:34:15.9	6:51		5K	49	F
101	145	Doth, Rachelle	00:34:16.3	6:51		5K	49	F
102	305	Wilson-MacMillan, Sarah	00:34:22.2	6:52		5K	32	F
103	131	Conrod, Valerie	00:34:23.1	6:53		5K	44	F
104	311	Prieur, Catherine	00:34:34.1	6:55		5K	27	F
105	282	Stephenson, Kim	00:34:36.6	6:55		5K	40	F
106	278	Snowdon, Paige	00:34:37.1	6:55		5K	15	F
107	277	Snowdon, Jodi	00:34:37.6	6:55		5K	42	F
108	200	Lavender, Lorie	00:34:38.7	6:56		5K	47	F
109	1093	,	00:34:58.9	6:59		5K		
110	114	Bielby, Lindsay	00:35:01.0	7:00		5K	35	F
111	294	Tough, Jillian	00:35:03.3	7:01		5K	32	F
112	1089	,	00:35:08.2	7:02		5K		
113	286	Stone, Heather	00:35:09.3	7:02		5K	38	F
114	194	Kelly, Grace	00:35:13.7	7:03		5K	9	F
115	233	Millard, Judith	00:35:27.6	7:05		5K	49	F
116	256	Richer, April	00:35:29.1	7:06		5K	30	F
117	346	Reisen, Mattihas	00:35:37.5	7:07		5K	12	M
118	252	Prosser, Macy	00:35:52.3	7:10		5K	10	F
119	251	Prosser, Erica	00:35:52.4	7:10		5K	30	F
120	321	Venne, Stephanie	00:36:09.3	7:14		5K	29	F
121	344	Peacock, Matthew	00:36:24.4	7:17		5K	51	M
122	232	Meunier, Roger	00:36:24.8	7:17		5K	56	M
123	155	Gareau, Natasha	00:36:50.1	7:22		5K	48	F
124	234	Miller, Marlene	00:37:29.6	7:30		5K	54	F
125	177	Hitsman, Kyle	00:37:42.2	7:32		5K	15	M
126	257	Rocque, Michelle	00:38:11.9	7:38		5K	32	F
127	258	Rocque, Mikaella	00:38:12.0	7:38		5K	11	F
128	319	Summers, Melissa	00:38:32.2	7:42		5K	37	F
129	166	Hale, Chris	00:38:34.6	7:43		5K	50	M
130	160	Graham, Su	00:38:39.7	7:44		5K	46	F
131	239	Noonan, Andrew	00:39:22.1	7:52		5K	19	M
132	158	Gilbert, Jennifer	00:39:25.8	7:53		5K	40	F
133	253	purdy, heather	00:39:26.3	7:53		5K	54	F
134	236	Noonan, Joe	00:39:28.2	7:54		5K	47	M
135	308	Wynands, Jenna	00:39:31.1	7:54		5K	11	F
136	284	Stewart, Frances	00:39:31.3	7:54		5K	12	F
137	206	Lines, Holly	00:39:40.4	7:56		5K	41	F
138	196	Keys, Katrina	00:39:42.7	7:56		5K	36	F
139	157	Gibson, Jessica	00:39:43.0	7:57		5K	39	F
140	274	Sivers, Chris	00:39:44.0	7:57		5K	36	M
141	129	Clinkinboomer, Teresa	00:40:03.9	8:01		5K	44	F
142	182	Hurt, Kim	00:40:04.1	8:01		5K	54	F
143	248	Perera, Nirmalee	00:40:30.6	8:06		5K	54	F
144	226	McHugh, Elizabeth	00:40:39.4	8:08		5K	59	F
145	268	Scharf, Christine	00:40:40.0	8:08		5K	53	F
146	240	O'Shaughnessy, Rick	00:40:41.4	8:08		5K	56	M
147	223	McDougall, Julia	00:40:51.7	8:10		5K	42	F
148	118	Brown, Dawn	00:40:52.0	8:10		5K	47	F
149	259	Rosekat, Jodi	00:41:43.3	8:21		5K	47	F

## 2019 FORT Night 5k results 04/05/2019 9:39:47 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Age	Gender
150	123	Campbell, Maureen	00:41:43.8	8:21		5K	48	F
151	116	Bourdages, Michel	00:41:44.7	8:21		5K	58	M
152	125	Choini re, Andr	00:41:45.1	8:21		5K	58	M
153	288	Taylor, Kate	00:42:08.7	8:26		5K	45	F
154	221	McDonald, Jennifer	00:42:10.9	8:26		5K	40	F
155	296	Verjans, Colette	00:42:24.3	8:29		5K	60	F
156	230	McNeil, Bib	00:42:27.9	8:29		5K	66	M
157	148	Dupuis, Ar'ene	00:42:29.4	8:30		5K	74	F
158	231	McNeil, Joan	00:42:30.7	8:30		5K	64	F
159	298	Walsh, James	00:42:52.3	8:34		5K	70	M
160	297	Visnevskis, Kristina	00:43:20.4	8:40		5K	39	F
161	351	Caruso, Joshua	00:43:25.9	8:41		5K	86	M
162	352	Caruso, Rowan	00:43:28.7	8:42		5K	86	M
163	181	Hummel, Kelly	00:43:50.8	8:46		5K	47	F
164	180	Hummel, Shawn	00:43:51.7	8:46		5K	44	M
165	270	Shaver, Rick	00:44:12.2	8:50		5K	62	M
166	291	Terry, Chris	00:44:26.1	8:53		5K	50	M
167	290	Terry, Candace	00:44:26.4	8:53		5K	46	F
168	105	Bain, Brian	00:44:39.9	8:56		5K	39	M
169	104	Bain, Kelly	00:44:44.1	8:57		5K	39	F
170	306	Wynands, Christina	00:44:56.8	8:59		5K	38	F
171	216	Mason, Peter	00:45:01.6	9:00		5K	49	M
172	217	Mason, Charlotte	00:45:01.7	9:00		5K	12	F
173	215	Mason, Heather	00:45:01.9	9:00		5K	46	F
174	139	Dery, Katia	00:45:15.8	9:03		5K	44	F
175	312	Williams, Ian	00:45:17.1	9:03		5K	49	M
176	347	Tanner, Laura	00:45:35.9	9:07		5K	14	F
177	225	McGillis, Chris	00:46:33.4	9:19		5K	36	M
178	191	Kelly, Brendan	00:46:35.8	9:19		5K	59	M
179	224	McGillis, Taflyn	00:46:36.4	9:19		5K	32	F
180	127	Clark, Ed	00:46:39.0	9:20		5K	47	M
181	128	Clark, Abby	00:46:44.0	9:21		5K	16	F
182	190	Kelly, Murray	00:46:44.6	9:21		5K	60	M
183	193	Kelly, Stephanie	00:46:46.5	9:21		5K	60	F
184	238	Noonan, Jason	00:47:49.4	9:34		5K	23	M
185	237	Noonan, Flo	00:47:49.5	9:34		5K	44	F
186	355	Periard, Aimee	00:47:56.6	9:35		5K	16	F
187	354	Robertson, Victoria	00:47:56.8	9:35		5K	29	F
188	153	Fry, Janice	00:48:30.4	9:42		5K	62	F
189	207	Lonsdale, Matthew	00:48:51.8	9:46		5K	26	M
190	115	Black, Heather	00:49:16.5	9:51		5K	34	F
191	132	Cook, Ashley	00:49:16.5	9:51		5K	34	F
192	174	Henwood, Carol	00:49:19.5	9:52		5K	62	F
193	275	Slunder, Bonita	00:49:20.2	9:52		5K	58	F
194	334	Schultz, Kaitlyn	00:49:21.9	9:52		5K	9	F
195	211	MacKay, Evangeline	00:49:22.8	9:52		5K	12	F
196	212	MacKay, Violet	00:49:24.2	9:53		5K	11	F
197	283	Stewart, Robyn	00:51:34.1	10:19		5K	45	M
198	285	Stewart, Sam	00:51:34.2	10:19		5K	9	M
199	247	Parrott, Laura	00:52:13.1	10:27		5K	35	F
200	107	Bauder, Jenn	00:52:25.4	10:29		5K	37	F

## 2019 FORT Night 5k results 04/05/2019 9:39:48 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Age	Gender
201	304	White, Tammy	00:52:28.7	10:30		5K	24	F
202	324	MacDonald, Carrie	00:55:13.6	11:03		5K	40	F
203	134	Covill, Amanda	00:55:14.2	11:03		5K	35	F
204	126	Chowdhury, Jiban	00:55:14.5	11:03		5K	47	F
205	329	Cybulski, Matt	00:55:14.8	11:03		5K	42	M
206	102	Armstrong-Baker, Angela	00:55:18.3	11:04		5K	47	F
207	280	Spencer, Mike	00:55:19.8	11:04		5K	55	M
208	227	McKinstry, Debra	00:55:19.8	11:04		5K	61	F
209	162	Grant, Sue	00:55:21.0	11:04		5K	49	F
210	161	Grant, Dave	00:55:21.9	11:04		5K	47	M
211	151	Evans, Anne	00:55:22.3	11:04		5K	53	F
212	169	Handy, Thomas	00:55:23.6	11:05		5K	16	M
213	271	Shaw, Gordon	00:55:24.2	11:05		5K	58	M
214	228	McKinstry, Peter	00:55:24.5	11:05		5K	60	M
215	300	Warren, Geoff	00:55:29.4	11:06		5K	56	M
216	147	Ducolon, Katie	00:55:30.1	11:06		5K	43	F
217	301	Warren, Jenny	00:55:33.9	11:07		5K	55	F
218	338	Horsefield, Cooper	00:56:39.4	11:20		5K	7	M
219	337	Horsefield, Ian	00:56:40.3	11:20		5K	38	M
220	336	Horsefield, Amber	00:56:41.3	11:20		5K	34	F
221	1007	Brown, Raye	00:58:11.6	11:38		5k	15	M
222	249	Piche, Chantal	00:59:14.2	11:51		5K	24	F
223	330	Godfrey, Zeth	00:59:18.8	11:52		5K	24	F
224	1006	Brown, Elizabeth (Lee)	00:59:25.7	11:53		5k	48	F
225	1052	Rousseau, Joanne	00:59:38.0	11:56		5k	48	F
226	1060	Steeves, Sheri	00:59:38.2	11:56		5k	47	F
227	333	Schultz, Ronald	01:02:00.9	12:24		5K	12	M
228	341	Higginson, Stella	01:02:30.3	12:30		5K	7	F
229	335	Higginson, Jason	01:02:30.5	12:30		5K	44	M
230	332	Schultz, Julia	01:02:31.8	12:30		5K	39	F
231	173	Hartley, Meighan	01:04:49.0	12:58		5K	34	F
232	176	Heward, Carrie	01:04:50.5	12:58		5K	45	F
233	175	Heward, Steve	01:04:50.6	12:58		5K	43	M
234	172	Hartley, Rod	01:04:50.7	12:58		5K	62	M
235	262	Ryan, Mason	01:05:48.8	13:10		5K	29	M
236	263	Ryan, Melissa	01:05:50.0	13:10		5K	36	F
237	289	Taylor Kelly, Cathy	01:06:04.6	13:13		5K	57	F
238	299	Warning, Chris	01:06:04.6	13:13		5K	65	F
239	192	Kelly, Nancy	01:06:06.0	13:13		5K	60	F
240	276	Snelling, Laurie	01:06:06.6	13:13		5K	65	F
241	120	Brown, Sherry	01:06:06.7	13:13		5K	47	F
242	119	Brown, Eric	01:06:08.3	13:14		5K	57	M
243	199	Lavallee, Dwayne	01:18:58.1	15:48		5K	35	F

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Position	Bib #	Name	Race Time	Pace	none	Division	Age	Gender
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Position	Bib #	Name	Race Time	Pace	none	Division	Age	Gender
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